

Dental Health Begins With Your Child's First Tooth



Talk to your dentist about how you can help prevent cavities



Every child should visit the dentist by their first tooth or first birthday



If you give your baby a bottle at bedtime, only give water – **no** milk, formula, juice, or sweet drinks



1 in 4 elementary school age children have tooth decay

Help a young child brush in the morning and before bed



Clean your infant's gums with a clean, damp cloth twice a day

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www.denti-cal.ca.gov

If your child is enrolled in Medi-Cal, he or she has dental benefits through the Medi-Cal Dental Program (Denti-Cal)

Need more information on Denti-Cal or assistance finding a dentist?

Call Denti-Cal at
1-800-322-6384



Updated
2/10/2015